

CCREA Board Meeting Minutes

March 20, 2024

In attendance: Sam Heaton, Mike Ball, Melvin Holton, John Reida, Judy Sheppard, Roswell Story, Julie Arnold

1. Review and approval of Financial Audit for FY '23 was done via email.
2. Discuss situation with Ty and Sam's work schedule.
 - Ty's workload is increasing and he may not be able to attend in the next few months. Sam is interim PT Executive Director of Public Services at City of Powder Springs for six months. Rest of team will have to step up to help.
3. Upcoming Speakers – April thoughts, May cook-out, possible outings
 - Need 35 folks minimum for trips. Perhaps we should schedule through Senior Services due to insurance, etc. "Larger" trips seem more popular in general.
 - T-SPLOST? However, will non-Cobbers be interested? - **Sam to follow up**
 - Check on Holocaust survivor talk – **Julie to follow up**
 - Vic Reynolds – **Sam to follow up**
4. Goals
 - A. Meet with County Manager, Finance, and/or Commissioners to discuss possible increase in stipend – discussion has been concerns for Public Safety step in grade cost and continued support for retirement pension. Discussion.
 - Sam asked Volckmann and Harner about stipend at last pension meeting. Bill said he could run the numbers and Dr. McMorris agreed to do so, but said funding Public Safety Step and Grade is the financial priority. Sam is waiting to hear back. It has been at least 7 years since the stipend was increased.
 - B. County Manager has discussed coming to meeting to discuss the stipend and amount paid to pension and insurance.
 - Dr McMorris is willing to come out regardless of whether or not the stipend is approved. Maybe September meeting with Bill V would be a good time. **Sam will continue discussion with involved parties.**
5. May Cook-out discussion.
 - David's items **can be picked up by Ty** if he cannot take care of it.
6. Any additional thoughts?
 - Collect names of previous Board members and minutes and post on website to provide history – **Mike to follow up?**

CCREA 2024 SPEAKER SCHEDULE

January 17 – Johnathan Barfield – Cutting the Cable

February 21 – Sam Stepped in for Tips for Aging Adults

March 20 – Danny Kierath from Mission Square

April 17 – Estate Attorney (tentative – Sam following up)

May 15 – Spring Cookout

June 19 –

July 17 –

August 21 – BBQ Luncheon

September 18 – Bill Volckmann (and maybe Dr. McMorris)

October 16 – Tressie Bloodworth, Ty Mitchell, and Houze

November 20 –

December 18 – Christmas Luncheon

Cook Out Materials (updated)

Sam

120 hamburgers
80 Hot dogs
120 hamburger buns
50 hot dog buns
120 Assorted cookies
4 Condiment trios
30 Bratwurst
2 cutlery trios
240 big red cups
200 3 well plates
100 clam shell takeaways
200 Napkins
30 each ½ pans
3 each #10 cans baked beans
~~1 box plastic gloves~~
2 rolls aluminum foil
6 rolls of paper towels
1 box trash bags
1 bottle Montreal seasoning
10 each salt and pepper

Mike

3 Mayonnaise
6 gallons sweet tea
2 gallons unsweet tea
2 gallons lemonade
1 gal Dill pickles
3 heads Lettuce
2 lbs Chopped onions

Judy

Tomatoes
10 each serving spoons
10 each serving tongs
6 each table cloths
10 each hot pads
6 each long spatulas
2 each long knives
4 each cutting boards
Plastic gloves
Can opener

Ty

Ice for coolers
Grill from Fire

David (Ty if needed)

~~120 oz Potato Chips~~
Cheese
12# Cole Slaw
12# Potato Salad

Suggestions from CCREA Members for Future Meetings

August 16, 2023

1. Travel –

- a. Discounts/cheap trips/day trips for seniors. International travel that is “senior friendly”.
- b. More travel opportunities.
- c. A field trip to Braves game or something.

2. Health –

- a. What health checks, lab tests, exercise (for free) for retirees.
- b. Health Education for diabetes and mental activities (how to keep it or improve it).
- c. More aging tips – how to prep homes like ramps, chairs for upstairs, etc.

3. History –

- a. Cobb County history, Dobbins Air Force base history,
- b. Historian from Kennesaw Mountain (Swampy Johnson),
- c. Gen. Thomas Blackstock with Georgia National Guard.

4. Pay –

- a. How to get an increase in pay for those over 65 y/o or increase in stipend.
- b. How to convince BOC for COLA

5. Speakers –

- a. Pam Younker with Children’s Health Care,
- b. Mike Register with DPS.
- c. West Cobb Commissioner.
- d. Updates from different departments – Water and Parks

6. How To –

- a. How to save money around the home – cable vs. streaming, internet only vs. packages, internet low costs, home security by owner vs. company, new technology to replace aging technology.
- b. How to play pickleball and classes for seniors.
- c. How to do a raised bed vegetable garden.

7. Training –

- a. Drivers’ education.
- b. Estate Planning. Wills and Trusts.